

赤柱龍舟熱身賽 2009

Stanley Dragon Boat Warm-up Races 2009

Date: 1 May 2009 (Friday)

Venue: Stanley Main Beach

節目內容 Schedule

- ❖ 08:30 領隊會議 (Team Managers Meeting)
- ❖ 09:00 - 11:00 初賽 (Heats)
- ❖ 12:50 龍舟點睛儀式 (Eye-dotting Ceremony)
- ❖ 13:20 - 15:20 決賽 (Finals)
- ❖ 15:25 - 16:00 頒獎典禮 (Prize Presentation)
- ❖ 16:00 節目完畢 (End of Programme)

賽程表 Race Schedule

場號 Race No	項目 Events	時間 Time
1	混合組初賽 Mixed Teams Heats	09:00
2	“_”	09:10
3	“_”	09:20
4	“_”	09:30
5	“_”	09:40
6	“_”	09:50
7	中學組決賽 (第 1 輪) Secondary Team's Final (Race 1)	10:00

8	女子組決賽 (第 1 輪) Ladies' Final (Race 1)	10:10
9	男子組初賽 Men's Heats	10:20
10	“_”	10:30
11	“_”	10:40
12	“_”	10:50
13	“_”	11:00
14	中學組決賽 (第 2 輪) Secondary Team's Final (Race 2)	11:10
15	混合組盃複賽 Mixed Teams Cup Semi-final	11:20
16	“_”	11:30
17	“_”	11:40
18	混合組碟複賽 Mixed Teams Plate Semi-final	11:50
19	“_”	12:00
20	“_”	12:10
21	女子組決賽 (第 2 輪) Ladies' Final (Race 2)	12:20
22	男子組盃複賽 Men's Cup Semi-final	12:30
23	“_”	12:40
24	龍舟點睛儀式 Eye-dotting Ceremony	12:50
25	男子組碟複賽 Men's Plate Semi-final	13:00
26	“_”	13:10
27	中學組決賽 (第 3 輪) Secondary Team's Final (Race 3)	13:20
28	混合組盾賽決賽 Mixed Teams Shield Final	13:30
29	混合組碗賽決賽 Mixed Teams Bowl Final	13:40
30	混合組銀碟賽決賽 Mixed Teams Silver Plate Final	13:50
31	混合組金碟賽決賽 Mixed Teams Gold Plate Final	14:00
32	混合組銀盃賽決賽 Mixed Teams Silver Cup Final	14:10
33	混合組金盃賽決賽 Mixed Teams Gold Cup Final	14:20
34	女子組決賽 (第 3 輪) Ladies' Final (Race 3)	14:30
35	男子盾賽決賽 Men's Shield Final	14:40
36	男子碗賽決賽 Men's Bowl Final	14:50
37	男子碟賽決賽 Men's Plate Final	15:00
38	男子銀盃賽決賽 Men's Silver Cup Final	15:10
39	男子金盃賽決賽 Men's Gold Cup Final	15:20
	頒獎禮 Prize Presentation	15:25